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**Addendum to 2021-2022 School Health Mitigation Policy  
Effective August 27, 2021**

Effort Church Council continues to discuss, pray and seek after the best methods to serve our ministry, our school, and our community as a whole. Considering the recent rise in Covid-19 transmission locally and the Governor's public health order dated 8/12/21 Church Council has made the following addendum to the 2021-2022 school health mitigation policy:

Effective immediately all persons, age two and older, will be required to wear masks while indoors during all school related programs, events and activities. The exceptions to this policy will be the same as the public health order (please refer to the order for exact exceptions) and are summarized as while eating, drinking, sleeping, exercising, or playing a musical instrument where a mask would inhibit playing and for anyone who has a health condition or disability, as documented by their healthcare provider, for which wearing a mask would cause harm or severely inhibit communication.

Documentation from a healthcare provider can take the form of a written note or an email to the ECSP Assistant Director.



## ECSP Health Mitigation Plan 2021 -2022 School Year

Per an order from the Virginia Public Health Commissioner, each private school and public school division must develop a plan for implementing COVID-19 mitigation strategies.

### I. Local Health Conditions

- a. Fluvanna County, Virginia is governed under the Thomas Jefferson Health District. Currently our county has a population of 27,270 people. At the time of this writing in July 2021, there have been 1928 confirmed cases of COVID-19 in Fluvanna; 89 hospitalizations; and 20 deaths since the Covid epidemic began. Effort Christian School and Preschool administration has been in contact with the local health department and routinely monitors resources available on the Blue Ridge Health Department (BRHD) website for updated COVID-19 information.
- b. Effort Christian School and Preschool 2021-2022 Health Mitigation Plan will vary from our previous Health Mitigation Plan of 2020-2021. We will continue to monitor local, state, and national data as it becomes available.
- c. ECSP has been operational since the beginning of the Covid epidemic beginning in March of 2020. During the 2020-2021 school year we have been blessed with the ability to offer in-person instruction the entire school year of 2020-2021. Our school program was the largest we have ever had with 66 students. Preschool operated daily with up to 60 children. We had one confirmed case on campus in May 2021. The contamination was contained to this one student and there was no further spread of the virus on campus.
- d. Vaccinations are readily available for adults/children 12 and older.

### II. Planning to Remain Open

- a. ECSP COVID Team and Contact Information: Assistant Director [ecsp@effortchurch.org](mailto:ecsp@effortchurch.org)
- b. Fluvanna County Health Department Contact
  1. **POC weekdays (Mon - Fri):** Aaron Silverman (804-584-0149)  
[aaron.silverman@vdh.virginia.gov](mailto:aaron.silverman@vdh.virginia.gov)
  2. **POC weekends (Sat & Sun):** Juliana Daugherty (804-895-2059)  
[juliana.daugherty@vdh.virginia.gov](mailto:juliana.daugherty@vdh.virginia.gov)
  3. Covid Hotline: (434)972-6261(1st) or Dr. Bonds –(434)972-6200 ext 7 (2nd)  
<https://www.vdh.virginia.gov/thomas-jefferson/clinic-locations/>
  4. Email DSS to notify of exposure: Michelle Argenbright,  
[michelle.argenbright@doe.virginia.gov](mailto:michelle.argenbright@doe.virginia.gov)
- c. ECSP uses Procure Software for attendance records. The software has the ability to generate daily reports on absences, however, we are a small school and family. Teachers know what days students are scheduled to be in class and keep track of attendance. In the event of an absence, staff contact parents to inquire as to the reason the student was not present.
- d. Orientation training will be held the week of August prior to the week of school. This training will be mandatory for all staff and will cover the following:
  1. Training for practicing safe health practices, hand washing procedures, daily health observation checks, temperature checks, and cleaning procedures.

2. Parent communication: Parents are provided with detailed information about health mitigation practices upon enrollment and updated with changes as they occur. Follow up information will be provided with teacher assignments and welcome letters. In the event there is an outbreak, parents will be notified via Procure. We will make all attempts to follow the guidance recommended by the local health department in the event that a quarantine process is necessary. In the event of a COVID-19 outbreak, environmental cleaning will be completed as recommended.
  3. Teaching staff will contact parents in the event of an absence to confirm the reason for missing school and notify administration. In the event staff finds out a possible outbreak has occurred in our school, ECSP Director/Assistant Director will be notified immediately.
- e. ECSP School Director/Assistant Director will notify the local health department in the event of an outbreak and will work closely with the Blue Ridge Health Department and any community response efforts.
  - f. ECSP Health Services
    1. Masks (for ages 5 and up) will be required in common areas when social distancing or barriers are not possible in doors. When grade school children (age 5 and up) are sitting at their desk with barrier in place, masks are optional. Teachers, staff, parents, and volunteers will be required to wear a face covering when social distancing or barrier is not possible while indoors. Parents will be required to wear a mask upon entry into the buildings for end of the day pick up.
    2. ECSP will continue to practice safe and healthy measures not related to COVID-19
    3. MAT certified teachers are present on campus. All staff are First Aid/CPR certified.
    4. ECSP is a Christian school. Prayer and counseling are available for concerns.

### **III. Promoting Behaviors That Reduce Spread of COVID-19**

- a. Training is provided for hand hygiene and respiratory etiquette during orientation.
  1. ECSP trains staff by going through the staff handbook. Staff handbook has detailed information regarding sick policy.
  2. Handwashing procedures are posted in every restroom on campus.
  3. COVID-19 informational posters and how to “stop the spread” are posted on every entryway door throughout campus.
- b. Maintaining adequate supplies to promote healthy hygiene.
  1. ECSP has a maintenance and custodial team that takes care of ordering supplies such as soap, paper towels, cleaning and disinfecting products.
  2. Parents provide school with hand sanitizer and Clorox wipes from school supply lists.
  3. Fresh bleach spray bottles are provided daily to staff for disinfecting.
- c. ECSP will promote physical distancing by:
  1. Classes will eat lunch in their designated classroom for the first four weeks of school. If there are no COVID-19 outbreaks within that time period, classes will move to a staggered lunch schedule allowing 2-3 classes to eat in a designated common area with cleaning procedures in place and classrooms seated at tables socially distanced away from the other classes. If an outbreak occurs on campus, classrooms will go back to eating in classrooms for a quarantine period of three weeks.
  2. Outdoor classroom areas, playground, gym, and field are available for use for recreational and physical education purposes.

#### **IV. Maintaining Healthy Environments and Operations**

- a.** Staff are to report to administration in the event of fever or illness prior to arrival. Students are temperature checked and asked a series of questions through Procure upon check-in. Routine health screenings are to be implemented by staff throughout the day.
  - Early Drop Off staff will be stationed per drop off procedure to provide health checks and screenings to all students. Teachers will also have thermometers, for children brought into side doors. If a student arrives late to school, they must report to the school office where aids or administration can provide them with health checks. Teachers will be responsible for health checks throughout the day.
- b. Hygiene Practices**
  1. Cleaning procedures have been increased by staff. Toys are sanitized routinely. In the event that a staff member cannot sanitize, teacher aides are available to assist with sanitization.
  2. Staff will be required to refill their bleach bottles daily and use as directed.
  3. At the end of each shift, teachers, aides, staff are to wipe down surfaces with bleach spray.
  4. Custodian comes in at night for additional cleaning and sanitizing.
  5. Personal supplies are being kept separate from each other in pencil boxes, desks, or cubbies. Each child has his or her own bag in which to keep their individual supplies.
  6. Sleepmats are sanitized after each use and blankets are kept in personal Ziploc bags.
- c. Ventilation Maintenance**
  1. Maintenance does routine checks on the ventilation system.
  2. Teachers will be encouraged to open their windows throughout the day to increase as much outdoor air circulation as possible.
- d. Water Maintenance**
  1. In the event of a prolonged closure, maintenance staff routinely check all water sources and water fountains.
- e. Field Trips, Group Gatherings, Volunteers**
  1. Field trips will be vetted through the Director/Assistant Director. In the event that a requested field trip is in an area where COVID cases are significantly high, field trips will be denied.
  2. Students will be dropped off per the drop off procedure and parents are allowed in the building with mask to pick up their child at the end of the day. Upon arrival volunteers are required to check into the school office to obtain temperature check and COVID-19 screening.
- f. Continuity of Operation**
  1. Teachers, subs, librarians, PE teachers, extracurricular teaching staff, afterschool, and EDO staff are trained at orientation the week before school starts.
- g.** Additional travel policy will be released if warranted.

## **V. Protecting vulnerable individuals (e.g. 65+, underlying health conditions)**

- a.** ECSP is a private school and parents are paying for our services. In the event of an outbreak, and the entire school is mandated to close, students will have access to virtual school or remote instruction.
- b.** Our sick policy is in our Staff Handbook. Any staff experiencing any concerning symptoms is to contact the Director as soon as possible to ensure coverage for the class until they can return. Any individual experiencing a fever with cough is encouraged to stay home.
- c.** In the event of an outbreak in staff or students, a doctor's note and negative Covid test result will be required to return to school after required quarantine time.

## **VI. Preparing for When Someone Gets Sick**

- a.** In the event of an illness, a child will be immediately separated from class and parents will be notified to pick up that child. The child will report to the school office, empty classroom, or Fellowship Room with an aide until parents are able to pick them up.
- b.** ECSP provides no transportation to health care facilities. In the event of an emergency, staff will call 911 to have the proper authorities transport the child.
- c.** In the event of an outbreak or illness, classrooms in which the sick child was present will be closed for environmental cleaning by staff and custodians.
- d.** If COVID-19 outbreak occurs, ECSP School Director/Assistant Director will contact the health department to initiate a public health investigation, contact tracing, and consultation for the next steps.

## **VII. Planning to close down if necessary, due to severe conditions**

- a.** In the event of positive COVID-19 diagnosis, any child or staff member that was within 6 feet of a confirmed case for more than 15 minutes will be required to quarantine based on the recommendations of the local health department.
- b.** In the event of a full facility closure, our elementary classroom teachers K-5<sup>th</sup> grade will move to virtual remote learning for the time recommended by the local health department.
- c.** In the event there is a complete division closure ECSP will refer to their Infectious Disease Contingency Plan.

## Safety Addendum COVID 19

The safety of your children and our staff is a priority to us. We will be implementing new procedures to ensure the health of our school and families.

### Housekeeping

- Hours of operation are from 7am to 6pm. Program times depend on the chosen schedule.
- Upon arrival, please pull to the rear of Sanctuary, front of Fellowship Hall or FLC (depending on which building your child's class is) and park in line formation. Please bring students and belongings to the door. Parents will be unable to enter the building. Please ring the doorbell and someone will come to the door.
- If someone is already at the door dropping off, please wait in your car until the other parent has returned to their car. Same procedure will be followed at pick up.
- Daily health screenings will be done prior to dropping students off. If a child presents with a cough, fever over 100.1, or does not adhere to our sick policy, they will be unable to stay. If a student develops any illness symptoms throughout the day, they will be isolated and removed from their class. Parents will be required to pick up students immediately.
- Students will be checked in and out by parents by scanning Procure's QR code. Authorized pick-ups will have to provide pin code and identification to staff.
- Once students are allowed into the building, they will be brought to the restroom to wash their hands and frequent hand-washings will be implemented throughout the day.
- Pizza will be the only hot lunch served on Fridays. Please provide healthy snacks, lunch, and a water bottle for your student daily. Meals will be eaten in the classrooms and the gymnasium per section 3C in the Health Mitigation Strategy.
- Please bring in nap mats and blankets. All blankets will be kept in individual storage bags and nap mats will be disinfected daily. Blankets will be sent home at the end of each week or if a child becomes ill.
- Students and staff will be spending as much time outdoors as possible. Please dress your children appropriately for changing temperatures and provide an extra pair of clothes in a Ziploc bag in your child's backpack.
  - We recommend sending in sunscreen with a medication authorization form. Please follow directions on form for any over the counter product. Sunscreen will be kept at school in a locked container. We are not authorized to administer sunscreen without a signed form. This document will be provided for you.
- Our teacher to child ratios are determined by ages and mandates provided by the governor and the Virginia and the Department of Social Services.
- Effort Christian Preschool and Afterschool Programs will operate under the Department of Social Services licensing guidelines, and will adhere to policies and procedures located in the Effort Christian School and Preschool handbook along with this addendum.
- Teachers will be implementing lots of activities into their day. Students will learn about proper hygiene, and they will learn about the virus at age appropriate levels. Our focus will be on developing strong foundations in Christ while focusing on emotional and social growth. Themes will also be incorporated into our weekly curriculum.
- All toys and tools used will be cleaned and sanitized daily. Please do not send in stuffed animals.
- In the event a child presents with a fever, siblings of students will be sent home with family until cleared by physician.
- ***Please understand the circumstances we are facing are changing daily. Procedures may change rapidly, and we will update you as they come in.***

## **Sick Policy**

Please do not bring your child to school with a contagious illness. Children with the following symptoms should not come to ECSP:

- Earache
- Elevated temperature - over 100 degrees F
- Diarrhea
- Nausea or vomiting
- Persistent or serious cough
- Red, runny, or crusty eyes
- Skin rashes - undiagnosed or suspicious of being contagious
- Swollen glands or sore throat
- Thick colored mucus from eyes or nose
  
- Unusual lethargy or sluggishness
- Upset stomach
- Wheezing chest
- Any other COVID-related symptoms

A child must be symptom-free, without fever-reducing medication, for 24 hours before returning to school or preschool. If your child is seen by a doctor and put on antibiotics for a contagious infection (like strep throat), please keep your child at home until he/she is fever-free and has been on antibiotics for at least 24 hours. If a child contracts or is exposed to a contagious disease (including but not limited to: chicken pox, flu, impetigo, lice, pink eye, ringworm, pinworm, or strep throat), you must report this information to your child's teacher or director immediately. Children with a contagious disease may not attend school until the child is no longer contagious, and a doctor's note is required for admittance. In the event of a possible exposure to the disease in a classroom, a notice will be given to other parents/guardians of children in the classroom. Confidentiality will always be maintained.

In the event that there is a COVID-19 outbreak on campus our facility will assess the situation and close classrooms or shut buildings down as necessary for environmental cleanings and quarantine purposes. If your child has been diagnosed with COVID-19 please contact the school office at (434)808-2447. Once a diagnosis is confirmed, a licensed provider note will be required for re-entry to school. Any student required to quarantine from a possible exposure will need to provide a negative test result after the recommended quarantine period determined by the CDC.

## **Government Regulations**

The “return to normal” effort has begun. Effort Christian School and Preschool will be operating under the guidelines falling under the requirements to be a Religious Exempt Program. The director, assistant

director, school board, and Effort Church council will work to the best of their ability to consider recommendations from governing authorities. All recommended safety precautions and procedures will be implemented throughout our program to the best of our ability. In the event of a possible contamination of our program we will follow the guidelines recommended by the Health Department. Parents and families will be notified while maintaining the confidentiality of our families and staff. At that time all risks will be assessed and facilities will have a required environmental cleaning before reopening.

We are also at risk of being mandated to close in the event that the pandemic gets more severe in our local area. In the event that this occurs, please refer to the ECSP Infectious Disease Contingency Plan.

ECSP is a ministry of Effort Baptist Church. As such, it was founded and will continually be administered on the highest possible standards for the benefit and safety of the students, teachers, staff, parents, and our community.

Thank you for taking this into consideration and choosing ECSP. We will continue to serve God, our families, and our community to the best of our ability throughout the COVID-19 pandemic.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_